

JOB DESCRIPTION

Caregiver

JOB SUMMARY:

A paraprofessional individual who is certified by the state and is specifically trained and competent to perform assigned functions of personal care to the client in their residence.

QUALIFICATIONS:

1. Must meet State certification for Home Care Aide training program and competency.
2. Have a sympathetic attitude toward the care of the sick and elderly.
3. Ability to carry out directions, read and write.
4. Maturity and ability to deal effectively with the demands of the job.

RESPONSIBILITIES:

1. Understands and adheres to established FirstLight Home Care of Seattle Central policies and procedures.
2. Assist clients with personal hygiene, including shower, tub or bed baths, oral care, hair and skin care.
3. Assist clients in the use of toilet facilities, including bed pans.
4. Assist clients in and out of bed, excluding the use of mechanical lifting equipment unless trained and documented as competent.
5. Assist clients with walking, including the use of walkers and wheelchairs, when applicable.
6. Assist clients with self-administration of medications (medication assistance level 2).
7. Meal preparation and feeding, when required.
8. Ambulates and exercises the client as assigned.
9. Provide companionship to client.
10. Prepare and serve meals and/or snacks.
11. Provide grooming and dressing guidance.
12. Performs household services essential to home care in the home as assigned.
13. Provide laundry and linen service to include washing, ironing and folding clothes.
14. Provide shopping service to client to include grocery and clothes shopping.
15. Provide incidental transportation for client which includes visits to doctor appointments, friends, family members or stores.
16. Provide assistance and planning of client's recreational activities and events.

17. Record and report changes in the client's physical condition, behavior, appearance and/or needs to supervisor or Care Coordinator.
18. Document visit records/services delivered in accordance with FirstLight HomeCare – Seattle Central policies and procedures.
19. Attends in-service and continuing education programs as scheduled and necessary.
20. Attends client care conferences as scheduled.

WORKING ENVIRONMENT:

Works indoors in FirstLight Home Care – Seattle Central office and client homes and travels to/from client homes.

JOB RELATIONSHIPS:

1. Supervised by: Care Coordinator

RISK EXPOSURE:

High risk

LIFTING REQUIREMENTS:

Ability to perform the following tasks if necessary:

- Ability to participate in physical activity.
- Ability to work for extended period of time while standing and being involved in physical activity.
- Heavy lifting.
- Ability to do extensive bending, lifting and standing on a regular basis.

I have read the above job description and fully understand the conditions set forth therein, and if employed as a Home Health Aide, I will perform these duties to the best of my knowledge and ability.

Date

Signature